Food Craving Inventory®

[ Track & Quantify ]

Reliable and valid self-report measure of general and specific food cravings.

The FCI is used by the patients to quantify their specific and general food cravings relating to overeating and binge eating.

This allows for doctors to closely monitor patients with eating disorders and develop specific diet regimens on a case-to-case basis.

Also, it may be useful in treatment studies that measure obesity and/or food cravings.

The FCI measures specific food cravings using two subscales:

- subjective cravings and
- consumption of particular foods

For more information, contact:

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